



Ruth Seymore Gregory

July 1, 1935 - May 30, 2025

Ruth Gregory Obituary

Ruth Seymore Gregory was born on July 1, 1935, in Currituck, North Carolina; the oldest of eight children born to the late Oscar Manford Seymore, Sr., and Bunie Wilson Seymore. Ruth was raised in a home which focused on excellence and service to the Lord. Ruth accepted Christ into her life at a young age at Good Hope A.M.E. Zion Church.

Ruth grew up in Currituck, NC, and was educated at the Currituck Union School. Upon graduation, she attended Elizabeth City State University with the desire to teach. Though Ruth did not teach in the classroom, her love for education was reflected in her writing, choice of words, and efforts to ensure that those she cared about spoke eloquently and used correct grammar. With strong skills in historical inquiry and meticulous record keeping, Ruth served as a records manager at the United States Federal Bureau of Investigation (FBI) for 31 years before retiring. Throughout her career, she received many accolades and awards, including multiple letters of distinction from the Director of the FBI.

Ruth was married on December 17, 1955, to her loving husband, Winfield Augustus Gregory, Sr. One son resulted from this union. It was no secret that Ruth was proud of her son and her 65 years of marriage. With every opportunity, she and Winfield never shied away from acknowledging their lifelong commitment to love and family.

As a loving wife, mother, and servant of the Lord, it is evident that Ruth enjoyed taking care of her family, church family and her community. Affectionately known as Mother Gregory, she joined Allen Chapel African Methodist Episcopal Church over fifty years ago, under the leadership of the late Bishop Leon G. Lipscombe. As a faithful member, you could always find her handing out Daily Bread Devotionals, sending encouraging letters and emails, leading as a servant within the Food Pantry Ministry, Pastor's Aide, Jr/Sr Ministry, Bible Study, and Sunday School.

Ruth loved watching her favorite team, "the stories" (soap operas), creating household decorations, playing card games, staying on top of current events, and spending quality time with her family and friends. Taking on the role of the family matriarch, Ruth never forgot a birthday, anniversary, or graduation. She kept pictures and precious keepsake items of her son and all of her nieces and nephews, which she jokingly called her "blackmail" albums.

Ruth was called to her heavenly home on the evening of May 30, 2025, and is now safely resting in the arms of the Lord.

Ruth was loved and will be missed by many people. She is mourned by her brothers Archie Seymore (Sarah), and Larry Seymore, Sr., sister Rev. Addie Blanche Overton, sister-in-law Dolores Humphries, brothers-in-law Rev. Louis Baker, Jr., and MG (Ret) Charles Williams, Sr., Melba Purkett, nieces, great nieces, great-great nieces, nephews and great nephews, cousins, extended family, and a host of relatives and friends.

She is preceded in death by her husband, Winfield Augustus Gregory, Sr., son Winfield Augustus Gregory Jr., brother Oscar M. Seymore, Jr., sisters Peggy Seymore Baker, and Marjorie Seymore Williams, sister-in-law Dorothy Clark Evans, Violet Edwards, Louis Riddick, Jr., and Stanley Delvin Riddick.

Cemetery Details

Cheltenham Veterans Cemetery

11301 Crain Hwy
Cheltenham , MD 20623

Previous Events

Visitation

JUN 21. 10:00 AM - 11:00 AM (ET)

Allen Chapel AME
2498 Alabama AVE SE
Washington, DC

Funeral Service

JUN 21. 11:00 AM - 12:30 PM (ET)

Allen Chapel AME Church
2498 Alabama Ave SE
Washington, DC

Tribute Wall



“ *Enchanted Cottage was purchased for the family of Ruth Seymore Gregory.* ”



June 16, 2025 at 11:56 PM



“ *I've known and loved Mrs. Gregory since I was 19 years old and now at 64, I can truly say she's been a constant light in my life. She was so very special to me, and I will miss her deeply just as I have missed Mr. Gregory and "Jr", "Frog" "Greg" as we all loving called him. 4810 Wheeler Road will always hold a sacred place in my heart filled with memories of love and warmth. Whenever you asked her, "How are you doing?" her answer was always the same "I'm fine." And now, I know for certain..she truly is! Love you always, Mrs. Gregory. Gloria H* ”

Gloria Henry Howard - June 06, 2025 at 07:34 PM



“ *Gloria Henry Howard lit a candle in memory of Ruth Gregory* ”



Gloria Henry Howard - June 06, 2025 at 07:23 PM



“ We the March Family and Marshall-March Staff wish to extend our deepest and heartfelt sympathy in the passing of your loved one. Our prayers go out to you and your family in your time of loss. We know and understand that you have received many expressions of love and we will continue to lift you up in prayer. May the memories you cherish of brighter and happier days help to ease your sorrow and comfort you always.

Marshall-March Funeral Homes - June 06, 2025 at 05:13 PM